



# B

## Boost immunity by vaccinating against Strangles

- An effective vaccine, Strangvac, is available.
- It can be safely administered into the horse's muscle.
- It can be part of your routine healthcare programme.

**Have you talked to your vet about the Strangles vaccination?**

# E

## Educate yourself and support others

- Increase your knowledge about Strangles and stay up to date.
- Question myths and misunderstandings.
- Promote openness about Strangles and support those affected.

**Do you know where to find trusted information about the disease?**

# S

## Separate unfamiliar horses

- Unfamiliar horses are a common source of Strangles outbreaks. Remember, infected horses don't always look unwell.
- Separation is an important way of preventing the spread of disease.
- Strangles isn't the only disease that a horse may bring to a yard.

**Do you try to reduce contact between your horse and unfamiliar horses?**

# T

## Temperature Check Routinely

- Temperature checking is an inexpensive, easy and vital way of checking your horse's overall health.
- A temperature of 38.5C or above is the most common early sign of Strangles.
- Horses usually develop fever 2-3 days before becoming infectious, providing an opportunity to separate and prevent spread of diseases.

**Do you know your horse's normal resting temperature?**